Our products are produced in factories which handle nuts.

**Meat**
- Italian (White) Bread
- 9-Grain Wheat Bread
- 9-Grain Honey Oat
- Hearty Italian Bread
- Italian Herb & Cheese
- Matbread
- Jalapeno Cheese Bread
- Wrap (Tomato / Spinach)

**Meat & Poultry**
- Italian Herb & Cheese Wrap
- Italian Meatball
- Italian Herb & Cheese Wrap
- Italian Herb & Cheese Wrap
- Italian Herb & Cheese Wrap

**Cheese & Vegetables**
- Monterey Cheddar Cheese / Italian Hard Grated Cheese
- Processed Cheddar Cheese / Peppered Cheese
- Olives / Pickles
- Jalapenos
- Sweetcorn
- Guacamole
- Cucumber, Green Pepper, Lettuce, Tomato, Onion, Carrot

**Sauces & Condiments**
- Barbecue Sauce
- Chipotle Southwest Sauce
- Hone Mustard Sauce
- Hot Chilli Sauce
- Lite Mayonnaise
- Ranch Sauce
- Sweet Chili Sauce
- Sweet Onion Sauce (contains poppy seeds)
- Tomato Ketchup
- Salsa
- Marina Sauce
- HP Brown Sauce
- Yellow Mustard
- Salad Cream
- Manch Chutney
- Salt / Oregano
- Barley
- Kamut
- Spelt

**Cookies**, **Donuts & Muffins**
- Chocolate Chunk Cookie
- Double Chocolate Chip Cookie
- White Chip Macadamia Nut Cookie
- Oatmeal Raisin Cookie
- Raspberry Chocolate Chip
- Rainbow Cookie
- Chocolate Doughnut
- Sugared Doughnut
- Blueberry Muffin
- Rich Chocolate Muffin
- Apricot Crown Danish
- Cinnamon Swirl Danish
- Vanilla Crown Danish
- Maple Pecan Plait

**Soups**
- Carrot and Coriander
- Country Chicken and Vegetable
- Cream of Chicken
- Minestrone
- Red Pepper and Tomato
- Cream of Tomato
- Wild Mushroom
- Beef Goulash
- Thai Spice Vegetable
- Cream of Mushroom

**Miscellaneous**
- Nachos (Doritos Lightly Salted)
- Hash Browns
- Flavoured Coffee Syrups: Vanilla, Gingerbread, Caramel, Chocolate
- Flavoured Coffee Syrups: Hazelnut
- Coffee / Tea
- Cappuccino / Latte / Hot Chocolate / Chocolate Sprinkles for Cappuccino
- Fountain drinks: Robinsons Apple And Blackcurrant

**Fountain drinks: Other**

<table>
<thead>
<tr>
<th>Allergen Information</th>
<th>Cookies</th>
<th>Donuts</th>
<th>Muffins</th>
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<tbody>
<tr>
<td><strong>Gluten</strong></td>
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Within the normal operating environment, it is not possible to guarantee that Sub and salad ingredients are 100% free from cross-contamination. Store product range may vary from the above selection. Please refer to your Sandwich Artist® with any questions related to items not shown on this chart. Correct at time of printing (28/09/2018)

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Our products are produced in factories which handle nuts. All meats are Halal certified. Halal certified meats are only available at participating Halal Subway® stores.

### Products

#### Bread
- Italian White Bread
- 9-Grain Wheat Bread
- 9-Grain Honey Oat
- Hearty Italian Bread
- Italian Herb & Cheese
- Flatbread
- Jalapeño Cheese Bread
- Wrap (Tomato / Spinach)

#### Meat, Poultry, Seafood, Eggs and Veggie Patty
- Beef Patty
- Chicken Breast
- Teriyaki Glazed Chicken Breast
- Chicken Tikka
- Egg Omelette
- Turkey Ham
- Turkey Breast
- Turkey Rashers
- Pepperoni (Beef)
- Salami (Beef)
- Meatballs (in Marinara Sauce)
- Poached Egg
- Steak (made with shaved steak strips, green pepper and onion)
- Tuna (with Lite Mayonnaise)
- Veggie Patty
- Chorizo (Beef)
- Rotisserie-Style Chicken

#### Cheese & Vegetables
- Monterey Cheddar Cheese / Italian Hard Grated Cheese
- Processed Cheddar Cheese / Peppered Cheese
- Olives / Pickles
- Jalapeños
- Sweetcorn
- Guacamole
- Cucumber, Green Pepper, Lettuce, Tomato, Onion, Carrot

#### Sauces & Condiments
- Barbecue Sauce
- Chipotle Southwest Sauce
- Honey Mustard Sauce
- Hot Chili Sauce
- Lite Mayonnaise
- Ranch Sauce
- Sweet Chili Sauce
- Sweet Onion Sauce (contains poppy seeds)
- Tomato Ketchup
- Sriracha Sauce
- Caesar Sauce
- Salsa
- Marinara Sauce
- HP Brown Sauce
- Yellow Mustard
- Salad Cream
- Mango Chutney
- Salt / Pepper / Oregano

#### Cookies, Donuts & Muffins
- Chocolate Chunk Cookie
- Double Chocolate Cookie
- White Chip Macadamia Nut Cookie
- Oatmeal Raisin Cookie
- Raspberry Cheesecake Cookie
- rainbow Cookie
- chocolate Dougnut
- Sugared Doughnut
- Blueberry Muffin
- Rich Chocolate Muffin
- Apricot Crown Danish
- Cinnamon Swirl Danish
- Vanilla Crown Danish
- Maple Pecan Plait

#### Soups
- Minestrone
- Red Pepper and Tomato
- Cream of Tomato
- Thai Style Vegetable
- Cream of Mushroom

#### Miscellaneous Items
- Hashbrowns (Lentos Lightly Salted)
- Hash Browns
- Flavoured Coffee Syrups: Vanilla, Gingerbread, Caramel, Chocolate
- Flavoured Coffee Syrups: Hazelnut
- Coffee / Tea
- Cappuccino / Latte / Hot Chocolate / Chocolate Sprinkles (for Cappuccino)
- Fountain drinks: Robinsons Apple And Blackcurrant
- Fountain drinks: Other

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**Allergen Information**

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<thead>
<tr>
<th><strong>Grains (gluten)</strong></th>
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<tr>
<td>Wheat</td>
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<td>Brazil nut</td>
<td>Pistachio</td>
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<td>Macadamia nut</td>
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